

Sandra David

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PROFESSIONAL SUMMARY

Child and Youth Care Practitioner student at Centennial College with experience supporting children and youth with behavioural, developmental, and emotional needs in educational, community, and placement settings. Skilled in trauma-informed care, behaviour support, crisis intervention, relationship-based practice, and collaborative teamwork. Committed to creating safe, respectful, and empowering environments where young people can build confidence, regulation, and connection.

CORE SKILLS

• Trauma-informed care	• Crisis intervention and de-escalation
• Behaviour support strategies	• Relationship-based practice
• Youth advocacy	• Safety monitoring and supervision
• Documentation and case notes	• Emotional regulation support
• Conflict resolution	• Collaborative team support

PROFESSIONAL EXPERIENCE

Educational Assistant | *Heartland Agency & Educational Services* | Calgary, AB | Aug 2024 - Jan 2025

- Supported children ages 2-12 with behavioural, emotional, and developmental needs using trauma-informed and relationship-based care.
- Implemented individualized behaviour support strategies, including prompting, shaping, and positive reinforcement.
- Assisted with crisis prevention and de-escalation while maintaining a safe and supportive learning environment.
- Collaborated with educators, therapists, and families to support youth development and daily functioning.
- Helped children strengthen emotional regulation, social skills, and confidence through structured routines and programming.

Emergency Educational Assistant | *Toronto District School Board* | Toronto, ON | Sep 2020 - Aug 2024

- Supported students with autism, behavioural needs, and intellectual disabilities to promote independence and inclusion.
- Assisted with daily routines and applied individualized behavioural strategies in classroom and school settings.
- Encouraged social, emotional, and academic engagement for primary and junior students.

Noon Hour Assistant | *Toronto District School Board* | Toronto, ON | Nov 2018 - Aug 2024

- Supervised meal, hygiene, and transition routines while maintaining safety, structure, and positive student interactions.
- Applied behaviour support techniques to encourage regulation, participation, and skill development.
- Maintained a calm and supportive environment for students with diverse needs.

RBT Therapist in Training | Toronto, ON | Jul 2023 - Aug 2024

- Implemented treatment plans and tracked behavioural data under supervision.

- Assisted with functional assessments, parent support, and program preparation.
- Communicated student progress and identified additional support needs.

Night Supervisor | *The Burger's Priest* | Toronto, ON | Jan 2017 - Jun 2023

- Trained and mentored staff while overseeing nightly operations, shift coordination, and payroll support.
- Resolved customer concerns and maintained strong service standards in a fast-paced environment.
- Acted as key holder and managed opening, closing, and operational documentation.

Event Server and Head Cashier | *The Burger's Priest* | Toronto, ON | Mar 2023 - Jun 2023

- Delivered efficient customer service in high-volume festival and event settings.
- Managed cash handling, refunds, and customer concerns with professionalism and accuracy.
- Supported event setup, teardown, and general operational organization.

EDUCATION

Child and Youth Care Practitioner (Ontario College Advanced Diploma) | *Centennial College* | Toronto, ON | Jan 2024 - Present

VOLUNTEER EXPERIENCE

Student Placement (SLP) | *Denise House* | Toronto, ON |

- Supported women, children, and youth in a shelter setting using trauma-informed, client-centred, and relationship-based practice.
- Assisted with daily programming, child and youth support, and the creation of a safe, respectful, and supportive environment.
- Built skills in professional communication, boundaries, confidentiality, and working with vulnerable populations.

Community Rehabilitation Volunteer | *Community Rehabilitation* | New Orleans, USA | Mar 2022

- Supported disadvantaged communities affected by Hurricanes Katrina and Ida through food, shelter, and essential resource initiatives.
- Volunteered in shelters, food banks, and local organizations, assisting with meal distribution, donation sorting, and grocery box packing.
- Participated in environmental and community projects, including tree planting, invasive species removal, recycling programs, and neighbourhood beautification.

Kindergarten Teaching Volunteer | *Fiji* | Apr 2019

- Assisted teachers working with children ages 4-16 by supporting classroom activities and lesson delivery.
- Organized educational activities, arts and crafts, and interactive games to promote engagement and development.
- Adapted teaching approaches to meet diverse needs and contributed to a positive, inclusive classroom environment.

CERTIFICATIONS

- CAMH Mental Health 101 • CPI Trained • CPR and First Aid - Level C • Food Handler Certification